

FOR IMMEDIATE RELEASE

CONTACT: Marci Davis
CO&P Integrated Marketing
(404) 961-2236

FamilyLife Offers Alternative to Divorce In Recession

As distressed couples delay divorce, FamilyLife offers free marriage conference to the recently unemployed

Little Rock, Ark (March 9, 2009) -- FamilyLife, the global, donor-supported leader in marriage conferences, offers an alternative to divorce in recessionary times -- *Weekend to Remember* marriage conferences aim to strengthen healthy marriages and heal troubled ones in an engaging, supportive and non-threatening environment.

While divorce may be on a decline, troubled marriages are not. Recent reports are indicating that more couples are opting to stay together instead of divorcing due to financial strains caused by the current economic recession. With a down housing market and an increase in unemployment many couples are faced with the reality that they cannot afford to get a divorce. As a last resort, couples are opting to live together for financial arrangements only until the recession is over.

"It's no secret that money issues are among the top causes of divorce, and with the economy the way it is, elevated financial problems are taking a very serious toll on many marriages and families," said FamilyLife President, CEO and Co-Founder Dr. Dennis Rainey. "Riding out the recession wave rather than jumping into divorce, may give many couples that extra time needed to work through their problems, making their marriage a priority again. We'd like to help them find a way to live in "heaven" again rather than enduring a "living hell"."

In that spirit, FamilyLife's goal is to support couples during these uncertain times and equip them with the necessary communication and conflict resolution tools to survive this crisis as a team. One such tool, *Weekend to Remember* marriage conference, was developed to help couples enhance and strengthen their most important earthly relationships.

"While this conference can assist those couples looking for an overhaul, it's also a positive way to impact and fine-tune all marriages," said Dr. Rainey. "We live in stressful, distracting times, and amid the blur of modern life it becomes alarmingly easy for couples to grow apart. That's why it's critical to strengthen your connection even when you think it's gone. We developed the *Weekend to Remember* program to do just that – help couples enhance and strengthen their most important earthly relationships."

Couples interested in more information or registering for an upcoming FamilyLife *Weekend to Remember* conference can visit www.familylife.com/weekend or call 1-800-FLTODAY (1-800-358-6329). To donate to FamilyLife, a 501c3 non-profit organization that assists couples in the United States and around the world build healthier marriages and families, please visit www.familylife.com.

About FamilyLife

For more than three decades FamilyLife, a global, donor-supported, non-profit organization co-founded by Dr. Dennis and Barbara Rainey, has focused on the mission of using practical, biblical principles to build healthier marriages and families through conferences and media channels. FamilyLife, a 501c3 non-profit organization, works in 100 countries around the world to help to transform lives and restore hope through its *Weekend to Remember* marriage conferences, *Homebuilders* Bible studies, *FamilyLife Today* radio broadcasts, *Hope for Orphans* orphan care ministry, FamilyLife publications, and the internet. For more information visit FamilyLife.com.

###