



# How Much Time Should I Plan for My Group Training?

Kudos for your desire to train other mentors to listen and love like Jesus.

Wondering how much time you should plan for your training? This timetable can help you estimate the time you'll need for each session.

*All times are approximate. Group discussion times will depend upon the size of your group.*

Section	Estimated minutes	
	Individuals	Group
<b>SESSION 1</b>		
Look Inside	2	2
Group Discussion / Personal Reflection	3	10
Watch: 1.1	15	15
Group Discussion	0	10
Watch: 1.2	3	3
Group Discussion / Personal Reflection	3	10
Watch: 1.3	3	3
Group Discussion / Personal Reflection	3	10
Watch: Mentoring Scenario A Life-Altering Decision (Hector & Jill)*	20	20
Watch: 1.4	5	5
Group Discussion / Personal Reflection	3	10
Watch: 1.5	7	7
Look Inside	10	10
Watch: 1.6	4	4
Session 1: Recall & Review	10	20
<b>Total minutes estimated for Session 1</b>	<b>91</b>	<b>139</b>

\* Optional

Section	Estimated minutes	
	Individuals	Group
<b>SESSION 2</b>		
Watch: 2.1	2	2
Look Inside	1	2
Watch: 2.2	7	7
Look Inside	5	5
Group Discussion / Personal Reflection	3	10
Watch: 2.3	4	4
Look Inside	5	5
Group Discussion	0	10
Watch: 2.4	11	11
Look Inside	3	3
Group Discussion	0	10
Watch: 2.5	1	1
Look Inside	3	10
Session 2: Recall & Review	10	20
<b>Total minutes estimated for Session 2</b>	<b>55</b>	<b>100</b>
<b>SESSION 3</b>		
Watch: 3.1	6	6
Group Discussion / Personal Reflection	3	10
Watch: 3.2	9	9
Session 3: Recall & Review	10	20
Watch: Mentoring Scenario on Zoom (Lamar & Megan)*	14	14
<b>Total minutes estimated for Session 3</b>	<b>42</b>	<b>59</b>

\* Optional

	Estimated minutes	
Section	Individuals	Group
<b>SESSION 4</b>		
Watch: 4.1	7	7
Look Inside	5	10
Watch: 4.2	12	12
Look Inside	2	10
Group Discussion / Personal Reflection	5	20
Look Inside	1	1
Watch: Mentoring Scenario A Painful Path (Mariah)*	19	19
Watch: 4.3	3	3
Watch: 4 Vulnerabilities	5	5
Look Inside	10	10
Session 4: Recall & Review	5	15
Look Inside	5	5
<b>Total minutes estimated for Session 4</b>	<b>79</b>	<b>117</b>
<b>Total estimated minutes to complete</b>	<b>267</b>	<b>415</b>
	5 1/2 hours	7 hours

\*Optional



# Group Sample Schedules

**Note to facilitator:** You will not have time for all the the group discussion questions. Choose the questions which you feel are best for your group and fit your timeframe.

## Sample: One-Day Training

9:00 a.m.	10:30 a.m.	Sessions 1.1 - 1.3 / Mentoring Scenario: A Life-Altering Decision (Hector & Jill)*
10:30 a.m.	10:45 a.m.	Break
10:45 a.m.	12:15 p.m.	Sessions 1.4 - 2.2
12:15 p.m.	1:15 p.m.	Lunch
1:15 p.m.	2:45 p.m.	Sessions 2.3 - 3.1
2:45 p.m.	3:00 p.m.	Break
3:00 p.m.	4:30 p.m.	Sessions 3.2 - 4.3 / Mentoring Scenario: A Painful Path (Mariah)*

## Sample: Two-Day Training (allows for maximum group discussion time)

### DAY ONE:

6:00 p.m.	7:00 p.m.	Welcome and Dinner (plan to do Look Inside & Group Discussion questions on pages 5-6 during this time)
7:00 p.m.	8:45 p.m.	Sessions 1.1 - 1.3 / Mentoring Scenario: A Life-Altering Decision (Hector & Jill)*

### DAY TWO:

9:00 a.m.	10:30 a.m.	Sessions 1.4 - 2.2
10:30 a.m.	10:45 a.m.	Break
10:45 a.m.	12:15 p.m.	Sessions 2.3 - Session 2 Recall & Review
12:15 p.m.	1:15 p.m.	Lunch
1:15 p.m.	2:45 p.m.	Session 3 / Mentoring Scenario: On Zoom (Lamar & Megan)*
2:45 p.m.	3:00 p.m.	Break
3:00 p.m.	4:30 p.m.	Session 4 / Mentoring Scenario: A Painful Path (Mariah)*

\*Optional

**Sample: Weekly Training (90 - 120 min. each week)**

Week One	Sessions 1.1 - 1.3 / Mentoring Scenario: A Life-Altering Decision (Hector & Jill)*
Week Two	Sessions 1.4 - 2.2
Week Three	Sessions 2.3 - 3.1 / Mentoring Scenario: On Zoom (Lamar & Megan)*
Week Four	Sessions 3.2 - 4.3 / Mentoring Scenario: A Painful Path (Mariah)*

**Sample: Weekly Training (approx. 60 min. each week)**

Week One	Sessions 1.1 - 1.2
Week Two	Sessions 1.3 - 1.4 / Mentoring Scenario: A Life-Altering Decision (Hector & Jill)*
Week Three	Sessions 1.5 - 2.2
Week Four	Sessions 2.3 - 2.5
Week Five	Session 3.1 - 3.2 / Mentoring Scenario: On Zoom (Lamar & Megan)*
Week Six	Session 4.1 - 4.2
Week Seven	Session 4.3 / Mentoring Scenario: A Painful Path (Mariah)*

\*Optional