

11 Practical Tips

TOWARD HUMILITY

Jeremy Taylor, born over 400 years ago (1613-1667), served as chaplain to Charles I and as a prolific, vivid author with keen insight into human behavior. Check out his practical, perennial tips for all of us.

1

Don't think better of yourself because of any outward circumstance that happens to you.

2

Nurture a love to do good things in secret ... and therefore not be well-thought-of because of them.



3

Never be ashamed of your low status.

4

Don't engineer conversation to provoke your own praise.

5



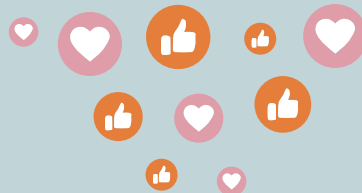
Return the praise you get back to God. Reflect it back to God, the giver of the gift, the blesser of the action, the aid of the project.

6

When undervalued, don't harbor anger.



7



Don't try to seek out a group of flatterers to take your side.

8

Don't entertain "the devil's whispers of pride." Don't fantasize about your own greatness. Be content when you hear of others doing well.

9

Never compare yourself unless it's to advance your impression of others and lower your impression of yourself. Actively praise others and avoid disparaging them.



10

Thank God for every weakness, fault, and imperfection. Accept them as an instrumental to resist pride and nurse humility.

11

Humility doesn't consist in self-criticism, or wearing ragged clothes, or walking around submissively wherever you go. Humility consists in a realistic opinion of yourself.