

# Comforting a *Grieving* Friend



## WHAT TO SAY

“I care for you. I love you. I’m sorry.”

“What has this been like?”

“This is heavy and I know it’s hard.  
I’m with you.”

“How did you find out [situation]  
had happened/[person] had died?”

“I was thinking about your dad.  
What was that story you told about him?”

“What are you missing most right now?”



## WHAT NOT TO SAY

“I can’t imagine what you’re  
going through right now.”

“I know how you feel.”

“They’re in a better place.”

“God did this for your good and  
His glory.” (See Proverbs 25:20)

“I’m so impressed you’re handling  
this so well.”

“Let me know what I can do.”